

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
<b>BREAKFAST</b>													
Cereal Oatbran w/Flax SGP	180 mL	Cereal Cream of Wheat 180 mL	180 mL	Cereal Oatmeal Cinnamon w/Flax SGP	180 mL	Cereal Oatbran w/Flax SGP	180 mL	Cereal Cream of Wheat 180 mL	180 mL	Cereal Oatmeal	180 mL	Cereal Cream of Wheat 180 mL	180 mL
Egg Boiled Hard f/Fresh SGP	1 each	Egg Omelette Plain	1 each	Egg Scrambled f/Liquid SGP	1 #12 sc.	Egg Poached f/Fresh Eggs SGP	1 each	Egg Omelette Cheese	1 each	Egg Poached	1 each	Egg Scrambled f/Liquid SGP	1 #12 sc.
Toast Plain Raisin 2 Slice SGP	2 slice	Toast WW 2 Slice Strawberries Sliced Frz SGP	2 slice	Muffin Bran Large f/Batter	1 each	Muffin English WW Tstd	1 each	Toast WW 2 Slice	2 slice	Toast WW 2 Slice	2 slice	Bacon Strip f/Raw SGP	2 slice
Banana Half f/Fresh	1 each	Sugar Brown PC	1 each	Peach Slices f/Cnd JcPk	125 mL	Melon Honeydew Chunks f/RTS	125 mL	Banana Half f/Fresh	1 each	Sugar Brown PC	1 each	Potato Hashbrown f/Frz Diced	125 mL
Jelly/Jam SGP	10 mL	Jelly/Jam SGP	10 mL	Jelly/Jam SGP	10 mL	Sugar Brown PC	1 each	Jelly/Jam SGP	10 mL	Jelly/Jam SGP	10 mL	Margarine f/Bulk	5 mL
Sugar Brown PC	1 each	Margarine f/Bulk	5 mL	Sugar Brown PC	1 each	Margarine f/Bulk	5 mL	Margarine f/Bulk	5 mL	Margarine f/Bulk	5 mL	Cereal Assorted Cold f/Bulk SGP	180 mL
Margarine f/Bulk	5 mL	Cereal Assorted Cold f/Bulk SGP	180 mL	Margarine f/Bulk	5 mL	Margarine f/Bulk	5 mL	Margarine f/Bulk	5 mL	Margarine f/Bulk	5 mL	Cream Cheese f/bulk	30 mL
Cereal Assorted Cold f/Bulk SGP	180 mL	Yogurt Vanilla f/Bulk	125 mL	Cereal Assorted Cold f/Bulk SGP	180 mL	Cereal Assorted Cold f/Bulk SGP	180 mL	Cereal Assorted Cold f/Bulk SGP	180 mL	Cereal Assorted Cold f/Bulk SGP	180 mL	Bagel Plain	1 each
Peanut Butter Smooth f/Bulk	30 mL	Toast White 2 Slice	2 slices	Peanut Butter Smooth f/Bulk	30 mL	Yogurt Assorted Creamy f/bulk SGP	125 mL	Yogurt Assorted Creamy f/bulk SGP	125 mL	Cottage Cheese Vanilla Bean PC	1 each	Sugar Brown PC	1 each
Toast WW 2 Slice	2 slice	Sugar Brown PC	1 each	Toast WW 2 Slice	2 slice	Toast WW 2 Slice	2 slice	Toast WW 2 Slice	2 slice	Toast White 2 Slice	2 slices	Margarine f/Bulk	5 mL
Jelly/Jam SGP	10 mL	Jelly/Jam SGP	10 mL	Jelly/Jam SGP	10 mL	Sugar Brown PC	1 each	Sugar Brown PC	1 each	Sugar Brown PC	1 each	Jelly/Jam SGP	10 mL
Sugar Brown PC	1 each	Margarine f/Bulk	5 mL	Sugar Brown PC	1 each	Jelly/Jam SGP	10 mL	Jelly/Jam SGP	10 mL	Jelly/Jam SGP	10 mL	Margarine f/Bulk	5 mL
Margarine f/Bulk	5 mL			Margarine f/Bulk	5 mL	Margarine f/Bulk	5 mL	Margarine f/Bulk	5 mL	Margarine f/Bulk	5 mL		

LUNCH

Soup Squash Butternut Smooth w/Coconut Milk SGP	180 mL	Soup Vegetable Noodle w/Dry G-F RS Base SGP	180 mL	Soup Cream of Cauliflower Hmd SGP	180 mL	Soup Fall Harvest w/Dry G-F RS Base SGP	180 mL	Soup Italian Pasta Fagioli Hmd	180 mL	Soup Corn Chowder Hmd SGP	180 mL	Soup Cream of Mushroom f/Dry G-F RS Base SGP	180 mL
Crackers Soda/Saltine NAS	4 each	Crackers Soda/Saltine NAS	4 each	Crackers Soda/Saltine NAS	4 each	Crackers Soda/Saltine NAS	4 each	Crackers Soda/Saltine NAS	4 each	Crackers Soda/Saltine NAS	4 each	Crackers Soda/Saltine NAS	4 each
Chicken Butter f/RTS Sauce SB	90 g	Perogies Potato & Cheese f/RTC	3 each	Turkey Salad Sndw on WW SB	1 each	Beef Stew Braised with Black Beans SGP	180 mL	Chicken Shredded Sandwich WW SGP	1 each	Spaghetti & Meatballs f/RTS SGP	250 mL	Deli Meat Salad Plate SGP	1 each
Rice Basmati f/Dry	125 mL	Veg Mix Peppers & Onions Stir Fry f/Frz	125 mL	Spinach Salad Mediterranean w/Cheese & Drsg	125 mL	Biscuit Tea f/Mix SGP	1 each	Salad Caesar Hmd SGP	125 mL	Green Beans Whole SGP	125 mL	Strawberries Whole f/Frz	125 mL
Veg Mix Winter f/Frz	125 mL	Blueberries f/Frz	125 mL	Orange Mandarin f/Cnd JcPk	125 mL	Cauliflower f/Frz	125 mL	Apricot Halves f/Cnd JcPk	125 mL	Fruit Salad Tropical Lite f/Cnd JcPk	125 mL	Soup Cream of Mushroom f/Dry G-F RS Base SGP	180 mL
Apple Slices Cinnamon Ckd f/frz	125 mL	Soup Vegetable Noodle w/Dry G-F RS Base SGP	180 mL	Soup Cream of Cauliflower Hmd SGP	180 mL	Fruit Cocktail f/Cnd JcPk	125 mL	Soup Italian Pasta Fagioli Hmd	180 mL	Soup Corn Chowder Hmd SGP	180 mL	Crackers Soda/Saltine NAS	4 each
Soup Squash Butternut Smooth w/Coconut Milk SGP	180 mL	Crackers Soda/Saltine NAS	4 each	Crackers Soda/Saltine NAS	4 each	Soup Fall Harvest w/Dry G-F RS Base SGP	180 mL	Crackers Soda/Saltine NAS	4 each	Sausage Pork Link f/Ckd Sknls 2 Each	2 each	Crackers Soda/Saltine NAS	4 each
Crackers Soda/Saltine NAS	4 each	Beef Roast Sandwich on WW SGP	1 each	Strata Cheddar Vegetable Hmd	180 mL	Crackers Soda/Saltine NAS	4 each	Compote Pnapl Orange Pear Hot Hmd f/Cnd	125 mL	Tuna Salad Sndw WW SGP	1 each	Burger Fish Captain f/Ckd Patty on White Bun SGP	1 each
Ham & Swiss Sndw on WW SB	1 each	Coleslaw Rainbow SGP	125 mL	Tomato Diced Stewed f/Cnd w/Veg	125 mL	Egg Salad Sndw on WW SGP	1 each	Lettuce Salad Greens w/Carrot/Italian Drsg	125 mL	Lettuce Salad Tossed Mixed Green w/Garden Veg	125 mL	Corn Whole Kernel f/Frz	125 mL
Lettuce Salad Spring f/Mix w/Tomatoes & Drsg	125 mL	Mousse Chocolate Bulk	125 mL	Butterscotch f/Inst	125 mL	Lettuce Salad Greens w/Carrot/Italian Drsg	125 mL	Ice Cream Strawberry f/Bulk	125 mL	Ice Cream Strawberry f/Bulk	125 mL	Mousse Raspberry Bulk	70 g
Tart Butter Medium	1 each					Mousse Tiramisu f/Mix	125 mL						

**DINNER**

<b>Chicken Herb f/Thigh w/Chalet Sc SB</b>	90 g	<b>Turkey Teriyaki f/Ckd SGP</b>	180 g	<b>Lasagna Meat</b>	1 (3x4)	<b>Sausage Pork Pasta Penne w/Peppers SB</b>	250 mL	<b>Fish Haddock Mediterranean f/Fillet SGP</b>	90 g	<b>Pork Swt &amp; Sour f/RTC Strips w/Swt &amp; Sour Sc RET</b>	180 mL	<b>Beef Roast Hmd SGP</b>	90 g
<b>Potato Mashed f/Frz Diced</b>	125 mL	<b>Rice White Parboiled f/Dry</b>	125 mL	<b>Broccoli Florets f/Frz</b>	125 mL	<b>Brussels Sprouts f/Frz</b>	125 mL	<b>Rice Basmati f/Dry</b>	125 mL	<b>Rice White Fried Veg f/Dry w/Liquid Egg &amp; Soy Sc</b>	125 mL	<b>Gravy Beef f/Mix EC RS</b>	30 mL
<b>Beans Green w/Garlic f/Fresh RET</b>	125 mL	<b>Veg Mix Fusion f/Frz</b>	125 mL	<b>Apple Crumble f/RTU Filling &amp; Super Oatmeal SGP</b>	1 (2x2")	<b>Pie Peach RTB</b>	1 slice	<b>Squash Zucchini f/Frz w/Oregano</b>	125 mL	<b>Veg Mix Asian f/Frz</b>	125 mL	<b>Potato Mashed f/Frz Diced</b>	125 mL
<b>Brownie Chocolate f/Mix</b>	1 (2 "x2" sq)	<b>Cake Vanilla Caramel</b>	1 (2x3)	<b>Topping Whipped</b>	30 mL	Stew Turkey f/Dcd/Ckd SB	250 mL	<b>Custard Hmd</b>	125 mL	<b>Pie Banana Cream</b>	1 slice	<b>Carrots Sliced Candied f/Frz</b>	125 mL
Veal Cutlet f/Brd	1 each	Ham Glazed Pineapple Bkd f/Bnls SGP	90 g	Chicken Montreal Seasoned f/ Thigh SB	90 g	Potato Mashed f/Frz Diced	125 mL	Beef Shepherds Pie SGP	180 mL	<b>Pie Citrus Orange</b>	1 (2x3)	Casserole Lentil SGP	180 mL
Gravy Onion f/Brown Gravy Mix SGP	30 mL	Potato Scalloped f/Mix	125 mL	Potato Rstd Red f/Fresh	125 mL	Veg Mix Pick of the Day f/Frz	125 mL	G-F LS Gravy Brown f/Dry Mix	30 mL	Chicken Honey Garlic f/ Thigh SB	90 g	Vegetable Mix Kalebanzo f/Frz SGP	125 mL
Potato Mashed f/Frz Diced	125 mL	Peas Green f/Frz	125 mL	Veg Mix Sunrise f/Frz	125 mL	Pears Diced f/Cnd JcPk	125 mL	Broccoli Florets f/Frz	125 mL	Potato Mashed f/Frz Diced	125 mL	Pineapple Tidbits f/Cnd JcPk	125 mL
Veg Mix Assorted Grid f/Frz SGP	125 mL	Fruit Cocktail f/Cnd JcPk	125 mL	Apricot Halves f/Cnd	125 mL			Apple Slices Cinnamon Ckd f/Frz	125 mL	Veg Mix Mexican Parslied f/Frz	125 mL		
Melon Cantaloupe f/Fresh	125 mL									Mango f/Frz	125 mL		

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<b>BREAKFAST</b>													
<b>Cereal Oatmeal w/Flax SGP</b>	180 mL	<b>Cereal Oatbran w/Flax SGP</b>	180 mL	<b>Cereal Cream of Wheat 180 mL</b>	180 mL	<b>Cereal Oatmeal Cinnamon w/Flax SGP</b>	180 mL	<b>Cereal Oatbran w/Flax SGP</b>	180 mL	<b>Cereal Oatmeal w/Flax SGP</b>	180 mL	<b>Cereal Cream of Wheat 180 mL</b>	180 mL
<b>Egg Omelette Plain</b>	1 each	<b>Egg Boiled Hard f/Fresh SGP</b>	1 each	<b>Egg Scrambled f/Liquid SGP</b>	1 #12 sc.	<b>Egg Omelette Cheese</b>	1 each	<b>Egg Poached f/Fresh Eggs SGP</b>	1 each	<b>Egg Boiled Hard f/Fresh SGP</b>	1 each	<b>Egg Scrambled f/Liquid SGP</b>	1 #12 sc.
<b>Toast WW 2 Slice</b>	2 slice	<b>Toast WW 2 Slice</b>	2 slice	<b>Toast WW 2 Slice</b>	2 slice	<b>Toast Plain Raisin 2 Slice SGP</b>	2 slice	<b>Muffin English WW Tstd</b>	1 each	<b>Toast WW 2 Slice</b>	2 slice	<b>Bacon Strip f/Raw SGP</b>	2 slice
<b>Fruit Cocktail f/Cnd JcPk</b>	125 mL	<b>Banana Half f/Fresh</b>	1 each	<b>Strawberries Sliced Frz SGP</b>	125 mL	<b>Orange Mandarin f/Cnd JcPk</b>	125 mL	<b>Melon Honeydew Chunks f/RTS</b>	125 mL	<b>Banana Half f/Fresh</b>	1 each	<b>Potato Hashbrown f/Frz Diced</b>	125 mL
<b>Jelly/Jam SGP</b>	10 mL	<b>Jelly/Jam SGP</b>	10 mL	<b>Jelly/Jam SGP</b>	10 mL	<b>Sugar Brown PC</b>	1 each	<b>Sugar Brown PC</b>	1 each	<b>Jelly/Jam SGP</b>	10 mL	<b>Peaches Diced f/Cnd JcPk Light Syrup</b>	125 mL
<b>Sugar Brown PC</b>	1 each	<b>Sugar Brown PC</b>	1 each	<b>Sugar Brown PC</b>	1 each	<b>Jelly/Jam SGP</b>	10 mL	<b>Jelly/Jam SGP</b>	10 mL	<b>Margarine f/Bulk</b>	5 mL	<b>Jelly/Jam SGP</b>	10 mL
<b>Margarine f/Bulk</b>	5 mL	<b>Margarine f/Bulk</b>	5 mL	<b>Margarine f/Bulk</b>	5 mL	<b>Margarine f/Bulk</b>	5 mL	<b>Margarine f/Bulk</b>	5 mL	<b>Cereal Assorted Cold f/Bulk SGP</b>	180 mL	<b>Cream Cheese f/bulk</b>	30 mL
<b>Cereal Assorted Cold f/Bulk SGP</b>	180 mL	<b>Cereal Assorted Cold f/Bulk SGP</b>	180 mL	<b>Cereal Assorted Cold f/Bulk SGP</b>	180 mL	<b>Cereal Assorted Cold f/Bulk SGP</b>	180 mL	<b>Cereal Assorted Cold f/Bulk SGP</b>	180 mL	<b>Cottage Cheese Vanilla Bean PC</b>	1 each	<b>Bagel Plain</b>	1 each
<b>Peanut Butter Smooth f/Bulk</b>	30 mL	<b>Yogurt Greek Assorted SGP</b>	125 mL	<b>Peanut Butter Smooth f/Bulk</b>	30 mL	<b>Yogurt Vanilla f/Bulk</b>	125 mL	<b>Yogurt Vanilla f/Bulk</b>	125 mL	<b>Toast WW 2 Slice</b>	2 slice	<b>Sugar Brown PC</b>	1 each
<b>Muffin Bran Large f/Batter</b>	1 each	<b>Muffin English White Tstd</b>	1 each	<b>Biscuit Tea</b>	1 each	<b>Toast WW 2 Slice</b>	2 slice	<b>Toast WW 2 Slice</b>	2 slice	<b>Sugar Brown PC</b>	1 each	<b>Margarine f/Bulk</b>	5 mL
<b>Jelly/Jam SGP</b>	10 mL	<b>Buttered</b>	1 each	<b>Jelly/Jam SGP</b>	10 mL	<b>Sugar Brown PC</b>	1 each	<b>Sugar Brown PC</b>	1 each	<b>Jelly/Jam SGP</b>	10 mL	<b>Peanut Butter Smooth f/Bulk</b>	30 mL
<b>Sugar Brown PC</b>	1 each	<b>Jelly/Jam SGP</b>	10 mL	<b>Sugar Brown PC</b>	1 each	<b>Margarine f/Bulk</b>	5 mL	<b>Sugar Brown PC</b>	1 each	<b>Jelly/Jam SGP</b>	10 mL	<b>Toast WW 2 Slice</b>	2 slice
<b>Margarine f/Bulk</b>	5 mL	<b>Sugar Brown PC</b>	1 each	<b>Margarine f/Bulk</b>	5 mL	<b>Jelly/Jam SGP</b>	10 mL	<b>Jelly/Jam SGP</b>	10 mL	<b>Margarine f/Bulk</b>	5 mL	<b>Jelly/Jam SGP</b>	10 mL
		<b>Margarine f/Bulk</b>	5 mL			<b>Margarine f/Bulk</b>	5 mL	<b>Margarine f/Bulk</b>	5 mL			<b>Sugar Brown PC</b>	1 each
												<b>Margarine f/Bulk</b>	5 mL

LUNCH

<b>Soup Vegetable Barley SGP</b>	180 mL	<b>Soup Chicken Rice f/Cond</b>	180 mL	<b>Soup Turkey Veg w/Dry Base</b>	180 mL	<b>Soup Italian Potato &amp; Leek</b>	180 mL	<b>Soup Pea French Canadian Hmd SGP</b>	180 mL	<b>Soup Garden Vegetable w/Dry G-F RS Base</b>	180 mL	<b>Soup Broccoli Cheese w/Dry RS Base SGP</b>	180 mL
<b>Crackers Soda/Saltine NAS</b>	4 each	<b>Crackers Soda/Saltine NAS</b>	4 each	<b>Crackers Soda/Saltine NAS</b>	4 each	<b>Crackers Soda/Saltine NAS</b>	4 each	<b>Crackers Soda/Saltine NAS</b>	4 each	<b>Crackers Soda/Saltine NAS</b>	4 each	<b>Crackers Soda/Saltine NAS</b>	4 each
<b>Beef Cabbage Casserole Hmd SGP</b>	180 mL	<b>Chicken Wings Bnls Baked SGP</b>	3 each	<b>Pork Pulled Sndw WW Bun SGP</b>	1 each	<b>Burger Beef f/Ckd Patty on WW Bun</b>	1 each	<b>Fish Blue Cod Fillet Btrd RTC</b>	1 each	<b>Beef Roast Hot w/Gravy on WW SGP</b>	1 each	<b>Stew Pork Veg f/Dry Base</b>	250 mL
<b>Beans Green Cuts f/Frz</b>	125 mL	<b>Bread Toast Garlic RTB</b>	1 slice	<b>Lettuce Salad Tossed Mixed Green SB</b>	125 mL	<b>Salad Caesar Hmd SGP</b>	125 mL	<b>Potato French Fries Straight Cut f/Frz</b>	10 each	<b>Cauliflower f/Frz</b>	125 mL	<b>Biscuit Tea Plain f/Mix</b>	1 each
<b>Pears Diced f/Cnd JcPk</b>	125 mL	<b>Veg Mix Italian f/Frz w/Basil &amp; Oregano</b>	125 mL	<b>Pineapple Tidbits f/Cnd JcPk</b>	125 mL	<b>Peaches Diced f/Cnd JcPk</b>	125 mL	<b>Coleslaw Creamy f/Fresh</b>	125 mL	<b>Fruit Salad Tropical Lite f/Cnd JcPk</b>	125 mL	<b>Beans Green Cuts f/Frz</b>	125 mL
<b>Soup Vegetable Barley SGP</b>	180 mL	<b>Fruit Salad Tropical Lite f/Cnd JcPk</b>	125 mL	<b>Soup Turkey Veg w/Dry Base</b>	180 mL	<b>Soup Italian Potato &amp; Leek</b>	180 mL	<b>Blueberries f/Frz</b>	125 mL	<b>Soup Garden Vegetable w/Dry G-F RS Base</b>	180 mL	<b>Pear Slices f/Cnd JcPk</b>	125 mL
<b>Crackers Soda/Saltine NAS</b>	4 each	<b>Soup Chicken Rice f/Cond</b>	180 mL	<b>Crackers Soda/Saltine NAS</b>	4 each	<b>Macaroni &amp; Cheese Hmd</b>	250 mL	<b>Soup Pea French Canadian Hmd SGP</b>	180 mL	<b>Crackers Soda/Saltine NAS</b>	4 each	<b>Soup Broccoli Cheese w/Dry RS Base SGP</b>	180 mL
<b>Chicken Salad Sndw on WW SB</b>	1 each	<b>Crackers Soda/Saltine NAS</b>	4 each	<b>Salad Plate Egg Salad w/Potato Salad</b>	1 each	<b>Tomato Diced Stewed f/Cnd w/Veg</b>	125 mL	<b>Crackers Soda/Saltine NAS</b>	4 each	<b>Quiche Spinach &amp; Feta f/RTB Shell w/Onion SGP</b>	1 slice	<b>Crackers Soda/Saltine NAS</b>	4 each
<b>Lettuce Salad Greek w/Greek Drsg SGP</b>	125 mL	<b>Beef Corned Reuben Sndw on Rye SGP</b>	1 each	<b>Roll White</b>	1 each	<b>Ice Cream French Vanilla f/Bulk SGP</b>	125 mL	<b>Resident's Choice SB</b>	1 each	<b>Salad Tomato Arugula Lettuce SGP</b>	125 mL	<b>Tuna Salad Sndw WW SGP</b>	1 each
<b>Gelatin Strawberry w/Topping SGP</b>	125 mL	<b>Spinach &amp; Onion Salad f/Fresh w/Drsg</b>	125 mL	<b>Mousse Tangerine f/Mix</b>	125 mL					<b>Pudding Chocolate f/Inst</b>	125 mL	<b>Lettuce Salad Greens w/Carrot/Italian Drsg</b>	125 mL
		<b>Pudding Butterscotch f/Inst</b>	125 mL									<b>Mousse Raspberry Bulk</b>	70 g

**DINNER**

<b>Turkey Stir Fry Vegetable f/Dcd SGP</b>	180 mL	<b>Stew Beef &amp; Vegetables f/Cubed</b>	250 mL	<b>Salmon Glazed Bkd f/Fillet w/Dijon</b>	90 g	<b>Pork Rst f/Bnls Loin w/Honey Mustard Sc</b>	90 g	<b>Beef Stroganoff f/Cubed</b>	250 mL	<b>Chicken Thai f/Thigh w/Coconut SGP</b>	90 g	<b>Turkey Rst f/Bnls Rst w/Gravy &amp; Cranberry Sc</b>	90 g
<b>Rice Pilaf Hmd SGP</b>	125 mL	<b>Biscuit Tea Plain f/Mix</b>	1 each	<b>Potato Mashed f/Frz Diced</b>	125 mL	<b>Potato Bkd f/Fresh</b>	0.5 each	<b>Noodles Egg Buttered Seasoned</b>	125 mL	<b>Rice Jasmine f/Dry</b>	125 mL	<b>Potato Mashed f/Frz Diced</b>	125 mL
<b>Veg Mix California f/Frz</b>	125 mL	<b>Cake Maple Avalanche</b>	1 (2x3)	<b>Green Beans Whole SGP</b>	125 mL	<b>Squash Diced Seasoned f/Frz</b>	125 mL	<b>Brussels Sprouts f/Frz</b>	125 mL	<b>Veg Mix Asian f/Frz</b>	125 mL	<b>Corn Whole Kernel f/Frz</b>	125 mL
<b>Dessert Bar Date Square</b>	1 (2x2)	Fish Sole Bkd f/Fillet w/Lemon Pepper	90 g	<b>Cake Carrot w/o Nuts</b>	1 (2x3)	<b>Dessert Bar Nanaimo</b>	1 (2x2)	<b>Cake Citrus Orange</b>	1 (2x3)	<b>Cake Boston Cream</b>	1 slice	<b>Pie Cherry RTB</b>	1 slice
Cannelloni Cheese w/Alfredo Sauce SGP	2 each	Potato Bites RTB SGP	125 mL	Chicken Herb f/Thigh w/Chalet Sc SB	90 g	Turkey Schnitzel RTC	1 each	Fish Haddock Bkd f/Fillet	90 g	Veal Parmesan f/Brd Cutlet	1 each	Beef Steak Salisbury f/RTC	1 each
Peas Green f/Frz	125 mL	Brussels Sprouts f/Frz	125 mL	Potato Mashed f/Frz Diced	125 mL	Gravy Brown f/Mix w/Mushrooms	30 mL	Sauce Dill Hmd	30 mL	Potato Mashed f/Frz Diced	125 mL	G-F LS Gravy Brown f/Dry Mix	30 mL
Orange Mandarin f/Cnd JcPk	125 mL	Mango f/Frz	125 mL	Carrots Sliced Parslied f/Frz	125 mL	Potato Mashed f/Frz Diced	125 mL	Potato Brownd f/Fresh	125 mL	Veg Mix Paradisio Blend f/Frz	125 mL	Potato Scalloped f/Mix	125 mL
				Apple Slices Cinnamon Ckd f/frz	125 mL	Broccoli Florets f/Frz	125 mL	Veg Mix Bistro f/Frz	125 mL	Strawberries Whole f/Frz	125 mL	Cabbage Green Shrd Buttered f/Fresh	125 mL
						Apricot Halves f/Cnd JcPk	125 mL	Fruit Cocktail f/Cnd JcPk	125 mL			Fruit Cocktail f/Cnd JcPk	125 mL

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BREAKFAST													
Cereal Oatmeal Cinnamon w/Flax SGP	180 mL	Cereal Oatbran w/Flax SGP	180 mL	Cereal Oatmeal w/Flax SGP	180 mL	Cereal Cream of Wheat 180 mL	180 mL	Cereal Oatmeal Cinnamon w/Flax SGP	180 mL	Cereal Oatbran w/Flax SGP	180 mL	Cereal Cream of Wheat 180 mL	180 mL
Egg Boiled Hard f/Fresh SGP	1 each	Egg Scrambled f/Liquid SGP	1 #12 sc.	Egg Poached f/Fresh Eggs SGP	1 each	Egg Omelette Plain	1 each	Egg Scrambled f/Liquid SGP	1 #12 sc.	Egg Omelette Cheese	1 each	Egg Poached f/Fresh Eggs SGP	1 each
Toast WW 2 Slice	2 slice	Toast Plain Raisin 2 Slice SGP	2 slice	Toast WW 2 Slice	2 slice	Toast WW 2 Slice	2 slice	Toast WW 2 Slice	2 slice	Toast WW 2 Slice	2 slice	Bacon Strip f/Raw SGP	2 slice
Blueberries f/Frz	125 mL	Banana Half f/Fresh	1 each	Fruit Cocktail f/Cnd JcPk	125 mL	Orange Mandarin f/Cnd JcPk	125 mL	Melon Honeydew Chunks f/RTS	125 mL	Banana Half f/Fresh	1 each	Potato Hashbrown f/Frz Diced	125 mL
Jelly/Jam SGP	10 mL	Sugar Brown PC	1 each	Sugar Brown PC	1 each	Jelly/Jam SGP	10 mL	Sugar Brown PC	1 each	Jelly/Jam SGP	10 mL	Blueberries f/Frz	125 mL
Sugar Brown PC	1 each	Jelly/Jam SGP	10 mL	Margarine f/Bulk	5 mL	Margarine f/Bulk	5 mL	Jelly/Jam SGP	10 mL	Sugar Brown PC	1 each	Sugar Brown PC	1 each
Margarine f/Bulk	5 mL	Margarine f/Bulk	5 mL	Cereal Assorted Cold f/Bulk SGP	180 mL	Cereal Assorted Cold f/Bulk SGP	180 mL	Margarine f/Bulk	5 mL	Margarine f/Bulk	5 mL	Cereal Assorted Cold f/Bulk SGP	180 mL
Cereal Assorted Cold f/Bulk SGP	180 mL	Cereal Assorted Cold f/Bulk SGP	180 mL	Yogurt Greek Assorted SGP	125 mL	Cottage Cheese Bowl	125 mL	Cereal Assorted Cold f/Bulk SGP	180 mL	Cereal Assorted Cold f/Bulk SGP	180 mL	Cottage Cheese Vanilla Bean PC	1 each
Peanut Butter Smooth f/Bulk	30 mL	Yogurt Vanilla f/Bulk	125 mL	French Toast Texas Hmd SGP	2 slice	Muffin Carrot Large f/Batter	1 each	Cheese Cheddar Sliced f/Bulk	30 g	Cottage Cheese Vanilla Bean PC	1 each	Croissant Large RTS	1 each
Muffin English WW Tstd	1 each	Toast WW 2 Slice	2 slice	Sugar Brown PC	1 each	Jelly/Jam SGP	10 mL	Toast White 2 Slice	2 slices	Croissant Large RTS	1 each	Jelly/Jam SGP	10 mL
Jelly/Jam SGP	10 mL	Sugar Brown PC	1 each	Sugar Brown PC	1 each	Jelly/Jam SGP	10 mL	Sugar Brown PC	1 each	Jelly/Jam SGP	10 mL	Sugar Brown PC	1 each
Sugar Brown PC	1 each	Jelly/Jam SGP	10 mL	Jelly/Jam SGP	10 mL	Sugar Brown PC	1 each	Jelly/Jam SGP	10 mL	Sugar Brown PC	1 each	Sugar Brown PC	1 each
Margarine f/Bulk	5 mL	Margarine f/Bulk	5 mL	Syrup f/Bulk	30 mL	Margarine f/Bulk	5 mL	Margarine f/Bulk	5 mL	Margarine f/Bulk	5 mL	Margarine f/Bulk	5 mL
				Margarine f/Bulk	5 mL							Jelly/Jam SGP	10 mL
												Margarine f/Bulk	5 mL

LUNCH

<b>Soup Crm of Carrot f/Dry GF RS Base</b>	180 mL	<b>Soup Bean White &amp; Kale Tuscan Hmd</b>	180 mL	<b>Soup Crm of Tomato f/Cond Crackers</b>	180 mL	<b>Soup Italian Wedding f/Mix SGP</b>	180 mL	<b>Soup Crm of Veg f/Dry Base</b>	180 mL	<b>Soup Minestrone Hmd SGP</b>	180 mL	<b>Soup Chowder Vegetable Hmd SGP</b>	180 mL
<b>Crackers Soda/Saltine NAS</b>	4 each	<b>Crackers Soda/Saltine NAS</b>	4 each	<b>Soda/Saltine NAS</b>	4 each	<b>Crackers Soda/Saltine NAS</b>	4 each	<b>Crackers Soda/Saltine NAS</b>	4 each	<b>Crackers Soda/Saltine NAS</b>	4 each	<b>Crackers Soda/Saltine NAS</b>	4 each
<b>Beef Pulled Sndw on Bun WW SGP</b>	1 each	<b>Burger Veg on White Bun</b>	1 each	<b>Cheese Grld Sndw on WW</b>	1 each	<b>Pizza Cheese/Pepperoni/Vegetable SGP</b>	1 slice	<b>Chili Beef &amp; Beans f/Grd</b>	180 mL	<b>Pie Tourtiere Pork Indv</b>	1 each	<b>Chicken Strips &amp; Tenders Brd f/Ckd</b>	5 g
<b>Chickpea Vegetable Salad SGP</b>	125 mL	<b>Veg Mix Pick of the Day f/Frz</b>	125 mL	<b>Lettuce Salad Tossed Mixed Green SB</b>	125 mL	<b>Zucchini &amp; Tomatoes Sauteed f/Frz &amp; Cnd</b>	125 mL	<b>Muffin Corn Large f/Batter</b>	1 each	<b>Gravy Pork f/Mix</b>	30 mL	<b>Sauce Plum f/Bulk</b>	30 mL
<b>Orange Mandarin f/Cnd JcPk</b>	125 mL	<b>Pineapple Tidbits f/Cnd JcPk</b>	125 mL	<b>Peaches Diced f/Cnd JcPk</b>	125 mL	<b>Fruit Salad Tropical Lite f/Cnd JcPk</b>	125 mL	<b>Veg Mix Prince Edward f/Frz</b>	125 mL	<b>Fruit Cocktail f/Cnd JcPk</b>	125 mL	<b>Potato French Fries Straight Cut f/Frz</b>	10 each
<b>Soup Crm of Carrot f/Dry GF RS Base</b>	180 mL	<b>Soup Bean White &amp; Kale Tuscan Hmd</b>	180 mL	<b>Soup Crm of Tomato f/Cond</b>	180 mL	<b>Soup Italian Wedding f/Mix SGP</b>	180 mL	<b>Soup Crm of Veg f/Dry Base</b>	180 mL	<b>Soup Minestrone Hmd SGP</b>	180 mL	<b>Corn Whole Kernel f/Frz</b>	125 mL
<b>Crackers Soda/Saltine NAS</b>	4 each	<b>Crackers Soda/Saltine NAS</b>	4 each	<b>Crackers Soda/Saltine NAS</b>	4 each	<b>Crackers Soda/Saltine NAS</b>	4 each	<b>Crackers Soda/Saltine NAS</b>	4 each	<b>Crackers Soda/Saltine NAS</b>	4 each	<b>Pears Diced f/Cnd JcPk</b>	125 mL
<b>Pasta Tortellini w/Tomato Pesto Sauce SGP</b>	180 mL	<b>Turkey Cranberry Sndw on WW SGP</b>	1 each	<b>Omelette Western f/Liquid</b>	1 each	<b>Crackers Soda/Saltine NAS</b>	4 each	<b>Turkey Deli Macaroni Salad Plate SGP</b>	1 each	<b>Egg Salad Sndw on WW SGP</b>	1 each	<b>Soup Chowder Vegetable Hmd SGP</b>	180 mL
<b>Veg Mix Italian f/Frz w/Basil &amp; Oregano</b>	125 mL	<b>Salad Caesar Hmd SGP</b>	125 mL	<b>Potato Hashbrown f/Frz Patty</b>	2 each	<b>Chicken Salad Sndw on WW SB</b>	1 each	<b>Lettuce Salad Greens w/Carrot/Italian Drsg</b>	125 mL	<b>Coleslaw Rainbow Vinaigrette w/Onions</b>	125 mL	<b>Crackers Soda/Saltine NAS</b>	4 each
<b>Eclair Frosted Chocolate</b>	1 each	<b>Pudding Black Forest f/Inst w/Whip</b>	1 each	<b>Peas Green &amp; Onions Pearl f/Frz</b>	125 mL	<b>Salad Lettuce Spring w/Dressing SGP</b>	125 mL	<b>Ice Cream Chocolate f/Bulk</b>	125 mL	<b>Pudding Rice Bulk</b>	125 mL	<b>Salad Plate Cottage Cheese w/Asst Fruit SGP</b>	1 each
				<b>Mousse Strawberry f/Mix</b>	125 mL	<b>Pudding Butterscotch f/Inst</b>	125 mL					<b>Muffin Fruit Extreme Large f/Batter</b>	1 each
												<b>Gelatin Strawberry w/Topping SGP</b>	125 mL



**DINNER**

<b>Chicken Fried Country Style RTB SGP</b>	1 each	<b>Spaghetti &amp; Meat Sauce Hmd SGP</b>	250 mL	<b>Chicken General Tso f/Frz Brd Bites &amp; RTS Sce RET</b>	180 mL	<b>Turkey Pot Pie Potato Mashed f/Frz Diced</b>	1 each 125 mL	<b>Fish Salmon Maple Glazed SGP</b>	90 g	<b>Meatloaf Beef Hmd</b>	90 g	<b>Pork Roast Hmd SGP</b>	90 g
<b>Potato Mashed f/Frz Diced</b>	125 mL	<b>Veg Mix Sunrise f/Frz</b>	125 mL	<b>Rice White f/Dry</b>	125 mL	<b>Brussels Sprouts f/Frz</b>	125 mL	<b>Potato Mashed f/Frz Diced</b>	125 mL	<b>Gravy Beef f/Mix EC RS</b>	30 mL	<b>Gravy Pork f/Mix</b>	30 mL
<b>Peas Green f/Frz</b>	125 mL	<b>Tart Butter Medium</b>	1 each	<b>Veg Mix Asian f/Frz</b>	125 mL	<b>Cake Banana Iced</b>	1 (2x3)	<b>Veg Mix Paradisio Blend f/Frz</b>	125 mL	<b>Potato Whipped f/Pearls w/Garlic</b>	125 mL	<b>Potato Rstd f/Fresh</b>	125 mL
<b>Brownie Tiger</b>	1 each	<b>Chef's Choice SB</b>	1 each	<b>Cake Pudding Toffee</b>	1 (2x3)	<b>Cake Banana Iced</b>	1 (2x3)	<b>Cheesecake f/Mix w/RTU Blueberry Filling</b>	1 (2x2")	<b>Peas &amp; Carrots f/Frz</b>	125 mL	<b>Veg Mix Fall Medley f/Frz</b>	125 mL
Fish Cod Bkd w/Lemon Pepper	90 g			<b>Pork Ribette f/Ckd w/BBQ Sc SGP</b>	1 each	Stew Lamb f/Diced w/Veg Frz	250 mL	<b>Chicken Bkd f/Thigh w/BBQ Sc SB</b>	90 g	<b>Cake Lemon Buttermilk f/RTS</b>	1 (2x3")	<b>Pie Pumpkin RTS</b>	1 slice
Rice White f/Dry	125 mL			Potato Mashed f/Frz Diced	125 mL	Biscuit Tea Plain f/Mix	1 each	Potato Brownd f/Fresh	125 mL	Turkey Potato Casserole f/ckd Strips wStuffing SB	250 mL	Fish Pollock w/Basil Sauce SGP	90 g
Squash Butternut Diced f/Frz	125 mL			Turnips Diced f/Frz w/Paprika	125 mL	Squash Butternut Diced f/Frz	125 mL	Veg Mix Italian f/Frz w/Basil & Oregano	125 mL	Veg Mix Winter f/Frz	125 mL	Potato Mashed f/Frz Diced	125 mL
Mango f/Frz	125 mL			Pears Diced f/Cnd JcPk	125 mL	Apple Slices f/Cnd JcPk	125 mL	Strawberries f/Frz w/Whip Topping	125 mL	Peaches Diced f/Cnd JcPk	125 mL	Broccoli Cuts f/Frz	125 mL
												Fruit Salad Tropical Lite f/Cnd JcPk	125 mL