

# Queensway Long Term Care



## January Newsletter 2024



**All residents are encourage to participate in Resident Council**



**Monday Jan 15**

**@ 1:15**



**HAPPY BIRTHDAY**

**Resident Birthdays**

- 6th Sim Steckle
- 7th Bill Vanderworp
- 24th Clayton Geddes

**I KNOW IT'S CHEESY,  
BUT I THINK YOU'RE GRATE**

Let's celebrate National Cheese Lovers day on Jan 20th.



Tim Horton Treat Days are Jan 10th and 24



Mental Health effects 1 in 5 adults. On Jan 24th let's join the conversation to help end the stigma of mental health

What are some of the best NEW YEARS RESOLUTIONS?

- Enjoy life
- Connect with people you love
- Eat health and exercise more
- Don't take anything to seriously



Let's make a snowball fight video for our Facebook page! If your interested in being a participant please contact the Activation Staff

**SOUTHBRIDGE CARE HOMES**

**Our Vision:** Bridging lives together with meaning and purpose.

**Our Mission:** To provide quality care and services through innovation and excellence.

**L** Live life to the fullest

**I** Implement change through innovation

**V** Value freedom of choice

**E** Exceed expectations

**EXTENDICARE assist**  
Management & Consulting Services