



September 2023

Queensway Long-Term Care Home



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					8:30 Hot Towelettes 9:00 Healing Hands 9:30 Ice Coffee 10:00 Balloon Volleyball 1:30 Deck re-opening ceremony	9:00 Friendly Visits 10:00 Giant Lego 10:45 Folding Towels 2:00 Baking cookie 3:00 Wheelchair Walks
9:00 Bible Reading 3 10:00 Gorgeous Gals 11:00 Outdoor Walks 2:30 Patio visits	9:00 Music and Memories 4 9:30 Gourmet Coffee 10:00 Fun & Fitness 10:30 Trivia 11:00 Car Races 2:00 Bingo	8:00 Eggs to Order 5 9:30 Tuck Shop 10:00 Fun & Fitness 11:00 Church Service 2:00 Bowling	8:30 Hot Towelettes 6 9:00 Gorgeous Gals 10:00 Fun & Fitness 10:30 Meditation 11:00 Outdoor Walks 2:00 Ted talks 6:00 Pictionary	9:15 Sparkling Specs 7 10:00 Fun & Fitness 10:30 Name that tune 2:00 Nursery Rhymes	8:30 Hot Towelettes 8 9:00 Healing Hands 9:30 Smoothies 10:00 Balloon Volleyball 2:00 Ron Allin	9:00 Friendly Visits 9 10:00 Giant Lego 10:45 Folding Towels 2:00 Homemade Pizza 3:00 Wheelchair Walks
9:00 Bible Reading 10 10:00 Gorgeous Gals 11:00 Outdoor Walks 2:00 Horse Races	9:00 Music and Memories 11 9:30 Gourmet Coffee 10:00 Fun & Fitness 10:30 Reminiscing Grandparents 2:00 Bingo	8:00 Eggs to Order 12 9:30 Tuck Shop 10:00 Fun & Fitness 11:00 Church Service 2:00 Cove Guys	8:30 Hot Towelettes 13 9:00 Gorgeous Gals 10:00 Fun & Fitness 11:00 Walmart	9:15 Sparkling Specs 14 10:00 Fun & Fitness 10:30 Name that tune 2:00 Gayle Johnson	8:30 Hot Towelettes 15 9:00 Healing Hands 9:30 Ice Coffee 10:00 Balloon Volleyball 2:00 Apples to Apples	9:00 Friendly Visits 16 10:00 Giant Lego 10:45 Folding Towels 2:00 High Tea party 3:00 Wheelchair Walks
9:00 Bible Reading 17 10:00 Gorgeous Gals 11:00 Outdoor Walks 2:00 Pumpkin Spice Late	9:00 Music and Memories 18 9:30 Gourmet Coffee 10:00 Fun & Fitness 10:30 Trivia 11:00 Car Races 2:00 Bingo	8:00 Eggs to Order 19 9:30 Tuck Shop 10:00 Fun & Fitness 11:00 Church Service 2:00 curling	8:30 Hot Towelettes 20 9:00 Gorgeous Gals 10:00 Fun & Fitness 10:30 Java Memory 2:00 Gerry Goldie	9:15 Sparkling Specs 21 10:00 Fun & Fitness 10:30 Natures noises 2:00 Fashion Show	8:30 Hot Towelettes 22 9:00 Healing Hands 10:00 Dollarama 2:00 Book Club	9:00 Friendly Visits 23 10:00 Giant Lego 10:45 Folding Towels 2:00 Apple Turnover 3:00 Wheelchair Walks
9:00 Bible Reading 24 10:00 Gorgeous Gals 11:00 Outdoor Walks 2:00 Sundaes	9:00 Music and Memories 25 9:30 Gourmet Coffee 10:00 Fun & Fitness 10:30 Trivia 2:00 Bingo	8:00 Eggs to Order 26 9:30 Tuck Shop 10:00 Fun & Fitness 11:00 Church Service 2:00 Bowling	8:30 Hot Towelettes 27 10:00 Fun & Fitness 2:00 Riverview Jammers 6:00 Casino night	9:15 Sparkling Specs 28 10:00 Fun & Fitness 10:30 Name that tune 2:00 Birthday Party Irish Cowboys	8:30 Hot Towelettes 29 9:00 Healing Hands 9:30 Ice Coffee 10:00 Balloon Volleyball 2:00 Jokes and laughter	9:00 Friendly Visits 30 10:00 Giant Lego 10:45 Folding Towels 2:00 Tai Chi Chair Yoga 3:00 Wheelchair Walks