

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



Helping Hands Monday – Friday 8:45 a.m.

					1 9:30 Music & Memory 10:00 Sparkling Specs 10:30 Morning Mimosas 2:00 Java Community	2 9:30 Music & Memory 10:00 Rhythm & Moves 10:00 Reading Group 10:30 Colouring Group 10:30 Walk & Talk <b>1:30 Tim Horton's Day</b> 2:00 Patio Games 3:15 Gardening	3
4	5 9:30 Music & Memory 9:30 Manicures 10:00 Friendly Visits 10:30 Daily Chronicles 2:00 Bingo 3:15 Out door walks	6 9:30 Healing Hands 9:30 I- Pad Visits 9:30 Volunteer Meeting 11:00 Church Service <b>11:30 BBQ Lunch</b> 2:30 Ladder Ball & Lemonade 3:15 Gardening	7 9:30 Friendly Visits 9:30 Tuck Cart 10:00 Reading Group 10:30 Day Care Visits <b>2:00 Harvey &amp; Band</b> 3:15 Gardening	8 9:30 Java Memory 10:30 Gorgeous Gals 11:00 Healing Hands <b>1:30 Ice Cultures</b>	9 10:00 Rhythm & Moves <b>10:30 Resident council</b> 10:30 Walk & Talk 2:00 Manicures	10	
11 9:30 Healing Hands 9:30 Manicures 10:00 Outdoor Walks 10:30 Daily Chronicles 10:30 Healing Hands 2:00 Bingo 3:15 Range of motion 3:15 Gardening	12 9:30 Friendly Visits 9:30 Reading Group 11:00 Church Service <b>11:30 BBQ Lunch</b> <b>1:30 Family Council</b> 2:30 Bowling 3:15 Outdoor walks	13 9:30 Sparkling Specs 9:30 Tuck Cart 10:00 Healing Hands 10:30 Day Care Visits <b>2:00 Mirth &amp; Memories</b> 3:15 Gardening	14 9:30 Java Memory 10:30 Gorgeous Gals 11:00 Outdoor Walks 2:00 Word Games & Lemonade	15 9:30 Music & Memory 10:00 Rhythm & Moves 10:00 Reading Group 10:30 Walk & Talk 10:30 Outdoor Walks 1:30 Afternoon Mimosas 2:00 Toasted Tomato Sandwiches 3:15 Gardening	16 10:00 Rhythm & Moves 10:30 Manicures 2:00 Sea Shell Art 3:15 Gardening	17	
18 9:30 Gorgeous Gals 9:30 Sparkling Specs <b>11:00 Clinton Race Track</b>	19 9:30 Music & Memory 10:00 Healing Hands 10:30 Outdoor Walks 2:00 Bingo 3:15 Range of motion	20 9:30 Friendly Visits 9:30 Reading Group 11:00 Church Service <b>11:30 BBQ Lunch</b> 2:30 Ladder Ball & Lemonade 3:15 Outdoor walks	21 9:30 Healing Hands 9:30 Tuck Cart 10:00 Daily Chronicles 10:30 Day Care Visits <b>2:00 Ron Delavinge</b> 3:15 Gardening	22 9:30 Friendly Visits 9:30 Gorgeous Gals <b>11:00 Shopping Trip- Stratford Mall</b> <b>6:30 Christian Reformed Singers</b>	23 9:30 Music & Memory 10:00 Rhythm & Moves 10:30 Walk & Talk 2:00 Outdoor Games 3:15 Gardening	24	
25 9:30 Music & Memory 9:30 Healing Hands 10:00 Reading Group <b>10:30 Food Committee</b> 10:30 Outdoor Walks 10:30 Daily Chronicles 2:00 Bingo 3:15 Range of motion	26 9:30 Friendly Visits 9:30 I-Pad Visits 11:00 Church Service <b>11:30 BBQ Lunch</b> 2:30 Bowling 3:15 Gardening 6:30 Lakeview Singers	27 9:30 Music & Memory 9:30 Tuck Cart 10:00 Daily Chronicles 10:30 Day Care Visits 1:30 Watermelon Craft 2:00 Watermelon Wednesday 3:15 Gardening	28 9:30 Music & Memory 10:00 Healing Hands 10:30 Daily Chronicles 11:00 Outdoor Walks <b>2:00 Ron Allin</b>	29 9:30 Music & Memory 10:00 Rhythm & Moves 10:00 Outdoor Walks 10:30 Walk & Talk 10:30 Reading Group <b>2:00 Spa Day</b> 3:15 Gardening	30 10:00 Rhythm & Moves 10:30 Manicures 2:00 Sea Shell Art 3:15 Outdoor walks	31	